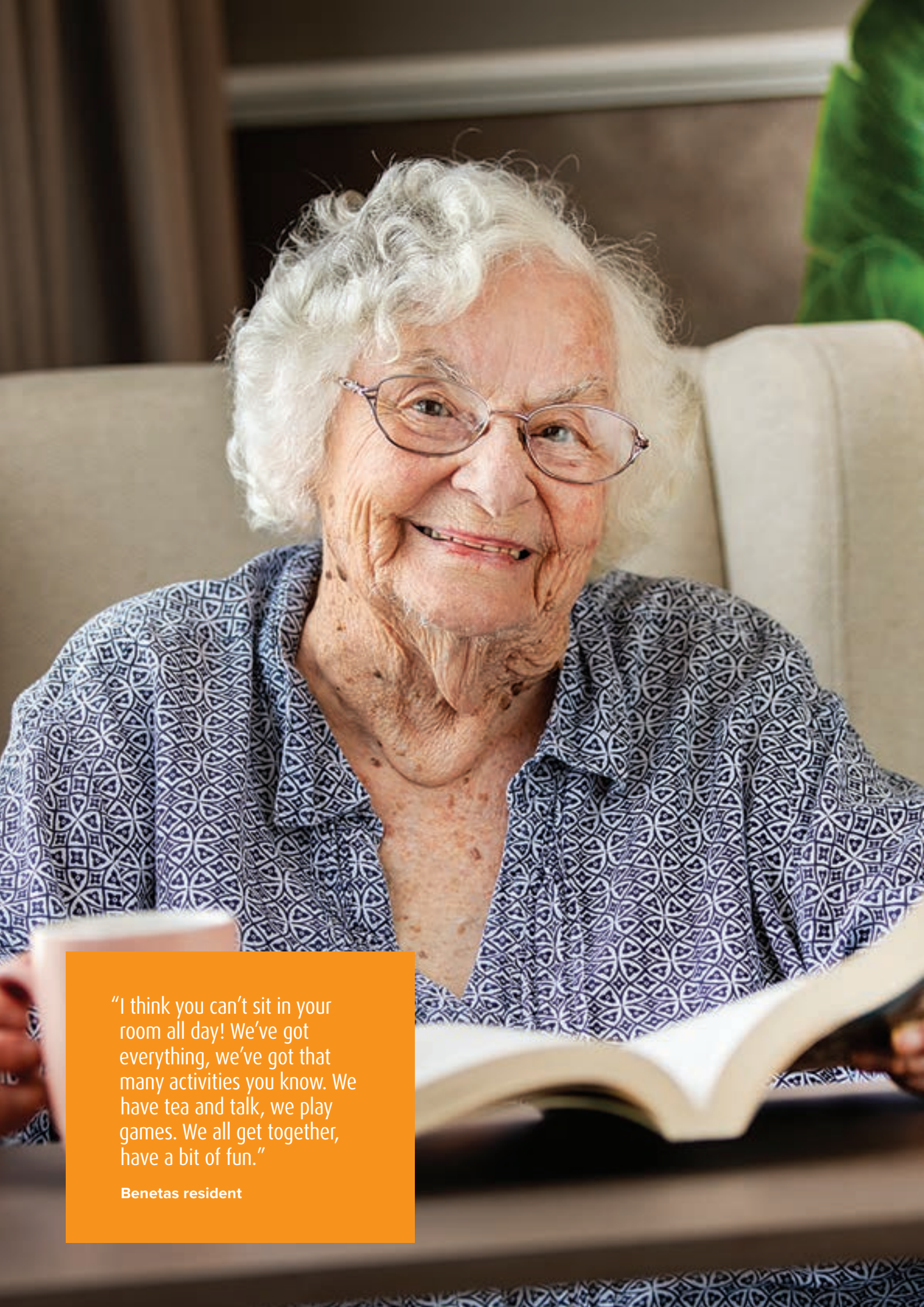


# Welcome to St George's





"I think you can't sit in your room all day! We've got everything, we've got that many activities you know. We have tea and talk, we play games. We all get together, have a bit of fun."

**Benetas resident**

# A place to call home

St George's is located within a short distance of the Central Square Shopping Centre in Altona Meadows and adjacent to a lovely public park which residents are able to enjoy for a walk or simply take in the activity from the comfort of the verandah.



Benetas St George's is surrounded by large, beautiful gardens, giving resident's ample opportunity to enjoy some quiet time or to catch up with family and friends. Vegetable patches and raised flower beds are tended to by residents with a green thumb, adding to the welcoming atmosphere that makes St George's feel just like home.

Our home has a vibrant and inclusive atmosphere, with a varied social program that focuses on community engagement.

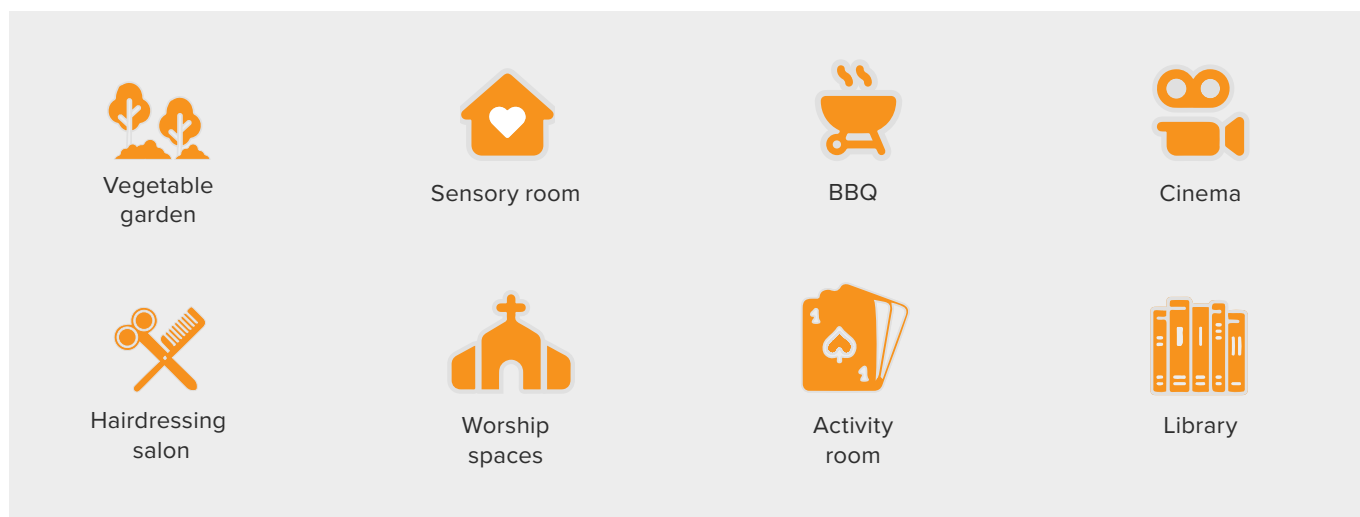
The dedicated staff know each resident personally and are on hand to provide genuine, tailored care around the clock.

# Tailored support to live your best life

St George's has a number of living options available for residents to choose from, including our residential aged care home with a vibrant and inclusive atmosphere as well as our Peter Volk aged care apartments.

All rooms at St George's have private ensuites and views out onto sunny gardens or courtyards. The Peter Volk wing offers apartment-style living with each apartment containing its own shared kitchen, dining and lounge room areas to enjoy.

## Outstanding amenities



## People who care

We care about the people who care for you. Our carefully selected team is expertly trained to provide round-the-clock care and support, with warm-hearted kindness and respect.

In addition to in-house registered nurses, St George's residents have access to visiting physiotherapists, podiatrists and dentists to cater for their specific health needs.

We encourage our staff and volunteers to bring a pastoral sensibility to their roles, to listen to and be truly present with our residents

# A Day at St George's

While every day at St George's is different, some regular features include...



We are proud of the delicious, healthy meals we prepare for residents and their guests. We use fresh produce and cater to cultural and religious requirements. Benetas St George's holds regular 'food forums' for residents and kitchen staff to discuss new ideas for the menus.

St George's offers a wider range of leisure and lifestyle activities such as movies in the cinema, music and craft sessions and outings to the adjacent park and local community centre. Popular activities include Bingo and happy hour.



We encourage families to come and share a meal or spend time with their loved ones and offer several private dining rooms and lounge areas throughout the home that can be used for connecting with visitors or fellow residents.

There are various gardens on site which residents are welcome to tend to including growing their own vegetables or favourite plants.



Our Lifestyle Program supports residents with different denominational church and chaplaincy services held in our worship and reflection spaces.



“The atmosphere is warm and welcoming. It’s a great facility”

Family member



# Benetas: warm-hearted care since 1948

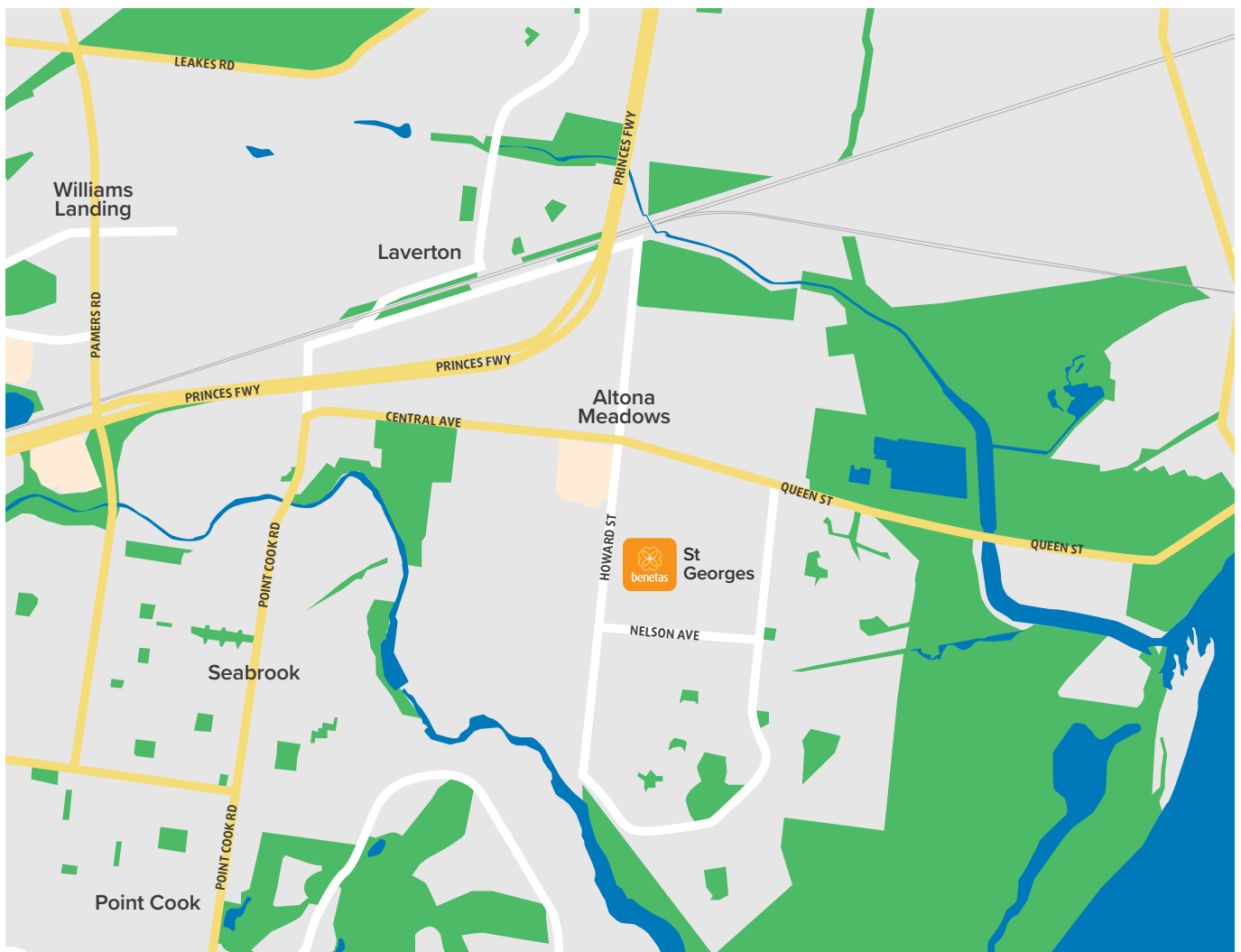
While you may not instantly recognise our name, Benetas has been providing exceptional care and support to older Australians since 1948.

Today, we are one of the largest providers of residential aged care, in-home and community services, respite and retirement living in Victoria. Our services work together, allowing us to

provide uplifting, compassionate and holistic support at every stage of the ageing journey.

Reflecting our Anglican heritage, we're a proudly not-for-profit organisation that puts people first. Our mission, in every instance, is to provide older Australians and their families with outstanding service and support that's non-denominational, inclusive and genuinely warm-hearted.

## Connected with our community



**St George's**  
13 Howard St  
Altona Meadows VIC 3028



*Let us help you  
live your best life  
as you age*

To book a tour or find out  
more about **St George's**  
please contact one of our  
caring consultants today on

**1300 23 63 82**

**benetas.com.au**

