# Welcome to Kangaroo Flat



Home Care | Residential Aged Care | Respite Care | Retirement Living

"When my mum stayed at Kangaroo Flat she enjoyed her stay and staff and residents welcomed her. Staff were lovely and meals were great; when mum is ready for permanent care she would come back..."

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Family member

## A place to call home

Kangaroo Flat was established in 1989 and is one of two Benetas Aged Care homes in Bendigo. The home offers quality care services within a strong community based environment. It is located on over a hectare of land, with bright, open-plan rooms.

Benetas Kangaroo Flat is positioned on over a hectare of beautifully maintained rose gardens and courtyards, providing residents with genuine, quality care within a tranquil and calm living environment.

Dedicated staff pay close attention to know each resident personally and to tailor a lifestyle program. Residents enjoy performances by local musicians, delicious BBQ's in the warmer summer months and gardening in the vegetable patch. There is a private dining area when the family visits.



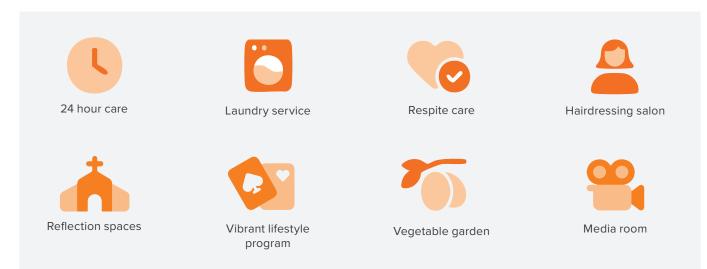
### Tailored support to live your best life

No two people have the same needs, likes and dislikes as they age. That's why our caring staff take the time to get to know you, your preferences and your family. We genuinely listen to you, and your loved ones, consulting often, and adapting our support as your needs and preferences change.

You'll always feel safe, heard and understood at Kangaroo Flat.

Nobody knows what you like better than you, so we support you to personalise your room, and choose the activities and clubs that suit you best.

Focused on supporting residents and guided by our values of respect, responsibility, community and spirit, our team is highly qualified and carefully selected based on their experience, qualifications and commitment to putting residents at the centre of everything they do.



#### **Outstanding amenities**

#### **People who care**

We care about the people who care for you. Our rigorously selected team are expertly trained to provide round the clock care and support, with warm-hearted kindness and respect.

The continuity of care afforded by the home-like setting, means our nurses, personal carers and staff members have the opportunity to get to know both residents and families, often forming close bonds that support your care and your personal goals. With a Registered Nurse on duty at all times and 24/7 access to specialised nursing and allied health services, we can respond to your immediate and long-term needs with expertise you can trust.

We are passionate about providing holistic, quality care – and that means taking care of all of you! Our Lifestyle Coordinator will assist you to participate in clubs, activities and social activities that interest you, while our non-denominational Pastoral Care team are there to support your emotional and spiritual needs.

### A day at Kangaroo Flat

While every day at Kangaroo Flat is different, some regular features include:



Our Lifestyle Program, denominational visitors and volunteer companions foster an ongoing connection with our residents' chosen faith tradition and provide church and chaplaincy services.

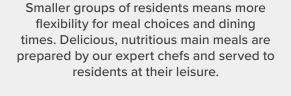
Residents' rooms are only a short distance from their amenities, doing away with long corridors and the remote accommodation areas of traditional aged care homes.





Our residents love to participate in our vibrant lifestyle programs including clubs, activities and social activities.

Staying connected. Residents are welcome to go out with family members and friends as often as they choose.





Kangaroo Flat 5





"Kangaroo Flat provides a home-like feeling, with a sense of family. A great sense of community, our residents relax, interact with each other with a sense of purpose"

Residential Services Manager





### **Benetas: warm-hearted care since 1948**

Benetas has been providing exceptional care and support to older Australians since 1948.

Today, we are one of the largest providers of residential aged care, in–home and community services, respite, allied health and retirement living in Victoria. Our services work together, allowing us to provide uplifting, compassionate and holistic support at every stage of the ageing journey.

Benetas is a not-for-profit organisation that puts people first. Our mission is to provide older Australians and their families with outstanding service and inclusive, warm-hearted and non-denominational support.

#### **Connected with our community**



#### About us

Established in 1948, we are a leading not-for-profit provider of residential aged care, in-home and community services, respite, allied health and retirement living in Victoria. We provide older people and their loved ones with outstanding levels of customer service and individualised care when they need it.

Our vision is for everyone to have a positive and fulfilling experience of ageing, where all people have the opportunity to live their best life.



# Let us help you live your best life as you age

To book a tour or find out more about **Kangaroo Flat** please contact one of our caring consultants today

**\$** 1300 23 63 82

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