



Our Social Support Programs

About Social Support Groups

Our Social Support Group is designed to help those who may find it hard to get out and about but wish to connect with others and their community. Within a safe and supportive environment, we offer a variety of activities and outings which include games, quizzes, shopping days and cultural outings.

Each group is designed to meet the unique needs of its members, but our main goal is the same: to recognise that everyone is unique and valuable. We focus on empowering and supporting our group members to enjoy social interactions and engage in meaningful activities.

Whether your goal is to make new friends, explore new hobbies or simply enjoy some time away from home, we are here to help you reach your goals.

Fees

The program is subsidised by the government, who set a small client co-contribution fee. Offsite meals and beverages, tickets and entry fees are your own expense. Arrangements can be made for clients in financial hardship.

Join us!

Our Social Support Program offers a wide range of activities that you can attend. You can enjoy lunch outings, movie days, games, music, physical activity, shopping, nature and local attractions.

Groups based in:

- Macedon Ranges
- Springvale and Bayside
- Epping and Roxburgh Park
- Traralgon
- Baw Baw

Our Program is designed to promote well-being and social connection. We are lucky to have dedicated experienced group leaders who ensure each participant gets the most out of their experience with us.

Transport is available, some conditions apply.

Eligibility for Social Support Group

STEP 1: If you do not already have funded support from the Commonwealth Home Support Program or a Support At Home Classification, the first step is to register with My Aged Care.

Please call My Aged Care on **1800 200 422**
or visit **myagedcare.gov.au** to register

STEP 2: Please call our Community Health and Care team on **1300 006 363** and we will connect you to your local group. Your local team will support you through the process of getting a referral for the program from My Aged Care.

About our locations

- Wheelchair accessible, accessible toilet and accessible parking
- Free parking - limited onsite parking at Traralgon
- Social Enterprise Café Macedon Ranges Health only
- Lift to enable access to all levels at Macedon Ranges Health only



**Macedon
Ranges
Health**
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Call or email for more information
T 1300 006 363
E customercentre@benetas.com.au