



# Springvale Day Respite Program

Springvale



## About Springvale Day

Benetas Springvale Day Respite Program in Springvale is set up to provide a warm, friendly environment, offering a lovely, ample light filled space, where clients can engage in a wide range of activities, share meals and socialise.



## Day programs

Our weekday programs provide you with a caring environment where clients can engage in activities, enjoy meals and outings and socialise with others.

Monday to Friday, our Springvale program caters specifically for the Vietnamese community. Vietnamese speaking staff work in the Springvale program.

The Day Program uses the facility as a meeting and morning tea space, and will then spend the day doing an outing trip on our bus!

## Our Staff

All Benetas Springvale Respite Program staff are carefully selected for their qualifications, experience and commitment to supporting older people to live happy, healthy lives.

They are focused on our clients needs and are driven by our values of respect, responsibility, community and spirit.

The bonds that form between our staff and clients are strong, resulting in many of our staff staying with us for many years.

## Eligibility

**STEP 1:** If you do not already have funded Support at Home Package / Home Care Package, the first step is to register with My Aged Care.

Please call My Aged Care on **1800 200 422** or visit [myagedcare.gov.au](http://myagedcare.gov.au) to register.

**STEP 2:** Please call us at **Springvale** on **03 8803 9460** and we can support you through the process of getting a referral for the program from My Aged Care.

# Respite supports people to stay at home longer

We know that many older people are able to stay living in their own homes for longer because of the help their family and friends provide.

We also know that helping carers to remain happy and healthy is critical to ensure they can continue to support their loved one.

That's why respite services are so important. We provide carers with an opportunity for a break from their caring role, whilst the older people they care for are provided with the opportunity to engage in fun and stimulating activities in a caring environment and socialise with others.

“Researchers have found that each additional hour of service received per week is associated with a 6 per cent lower risk of entry into permanent care. The more hours of home care services that people accessed, the lower their risk of entry into residential care.”

*Dr Mikaela Jorgensen, lead researcher at Australian Institute of Health Innovation*

# Other Home Care services offered by Benetas

Whether it's understanding the home care system, navigating My Aged Care, or switching to a reliable home care service, we're here to help. Benetas is an approved aged care provider and supports many Victorian's with their Support at Home / Home Care Package.

We provide absolute transparency, no set-up or daily care fees, and 24/7 support.

We offer a wide range of domestic and clinical care which can be easily tailored to your needs, whether it's one-off, short-term or ongoing.

## Personal and home care

Includes housework, gardening, cooking, shopping, transport, companionship and more.

## In-home nursing and support

We offer comprehensive, holistic clinical nursing assessments for you in your own home, and can provide recommendations and care plans for safe ongoing support. These assessments can include cognition screening, support for continence issues, falls and safety assessments, medication management, diabetes management and wound care support.



To switch or start a home care service today, learn more or chat with a Benetas aged care advisor, please contact us.

**1300 23 63 82**

**Monday to Friday 9am – 5pm**

## Let's chat

**Should you like to book a service directly with Springvale Day Respite Program, please do not hesitate to contact our friendly staff.**

**Phone:** 03 8803 9460

**Address:** Anglican Church of the Ascension  
2-6 Boonah Street, Springvale



## About Benetas

Benetas is a not for profit organisation dedicated to supporting older Victorians and their friends and carers through a range of services. Our services include a network of residential aged care homes, independent living villages, as well as respite and home care services. We also provide In Home Nursing services for people of all ages.

We are proud of the significant impact we make to the community through our commitment to research and advocacy of behalf of older people as well as our One Wish program and Hardship fund. Benetas was founded by the Anglican Diocese of Melbourne in 1948.

Find out more at [www.benetas.com.au](http://www.benetas.com.au)