



# Hurlingham Respite Centre

Frankston



## About Hurlingham

Benetas Hurlingham Respite Centre in Frankston is set up to be as home-like as possible, offering ample space for activities, custom-designed community areas, and a generously sized, landscaped outdoor area.



## Day programs

Our weekday programs provide you with a caring environment where clients can engage in activities, enjoy meals and outings and socialise with others.

Day programs are run both at the facility and in the community.

## Overnight and extended respite

Benetas Hurlingham Respite Centre has four private bedrooms, each with their own ensuite, which provides the opportunity for your loved one to stay with us overnight. Staff are on site 24 hours a day and all meals are provided. Every effort is made to meet your loved one's regular home routines.

## Eating Well

We know that food is very important to you and your loved one. All meals at Hurlingham are freshly cooked daily, and we work closely with dieticians to ensure meals prepared fulfill nutrition requirements. We also consult regularly with our clients to provide delicious meals of their choice.

## Our Staff

All Benetas Hurlingham Respite Centre staff are carefully selected for their qualifications, experience and commitment to supporting older people to live happy, healthy lives.

They are focused on our clients needs and are driven by our values of respect, responsibility, community and spirit.

The bonds that form between our staff and clients are strong, resulting in many of our staff staying with us for many years.

# Eligibility

**STEP 1:** If you do not already have funded Support at Home Package / Home Care Package, the first step is to register with My Aged Care.

Please call My Aged Care on **1800 200 422** or visit **myagedcare.gov.au** to register

**STEP 2:** Please call us at **Hurlingham** on **03 8803 9460** and we can support you through the process of getting a referral for the program from My Aged Care.



“Thank you all for the high level of care, kindness and respect you gave to my beloved husband. I will never forget how you cared for him.”

**Benetas Hurlingham Day**  
**Respite client**

# Hurlingham Respite Centre at a glance



**Day programs**



**Short term care**



**Outings & activities**



**Meals cooked on-site**



**Overnight & extended stay**



**Weeknight & weekend options**



**24-7 staff on-site**



**Transport to & from your home**

# Respite supports people to stay at home longer

We know that many older people are able to stay living in their own homes for longer because of the help their family and friends provide.

We also know that helping carers to remain happy and healthy is critical to ensure they can continue to support their loved one.

That's why respite services are so important. We provide carers with an opportunity for a break from their caring role, whilst the older people they care for are provided with the opportunity to engage in fun and stimulating activities in a caring environment and socialise with others.

Benetas can step in at short notice—whether it's for a short period, overnight or extended stay—ensuring they're well looked after at our Hurlingham Respite Centre.

“Researchers have found that each additional hour of service received per week is associated with a 6 per cent lower risk of entry into permanent care. The more hours of home care services that people accessed, the lower their risk of entry into residential care.”

*Dr Mikaela Jorgensen, lead researcher at Australian Institute of Health Innovation*

# Other Home Care services offered by Benetas

Whether it's understanding the home care system, navigating My Aged Care, or switching to a reliable home care service, we're here to help. Benetas is an approved aged care provider and supports many Victorian's with their Support at Home / Home Care Package.

We provide absolute transparency, no set-up or daily care fees, and 24/7 support.

We offer a wide range of domestic and clinical care which can be easily tailored to your needs, whether it's one-off, short-term or ongoing.

## Personal and home care

Includes housework, gardening, cooking, shopping, transport, companionship and more.

## In-home nursing and support

We offer comprehensive, holistic clinical nursing assessments for you in your own home, and can provide recommendations and care plans for safe ongoing support. These assessments can include cognition screening, support for continence issues, falls and safety assessments, medication management, diabetes management and wound care support.



To switch or start a home care service today, learn more or chat with a Benetas aged care advisor, please contact us.

**1300 23 63 82**

**Monday to Friday 9am – 5pm**

## Let's chat

**Should you like to book a service directly with Hurlingham Respite Centre, please do not hesitate to contact our friendly staff.**

**Phone:** 03 8803 9460

**Address:** 13–15 Nolan St, Frankston



## About Benetas

Benetas is a not for profit organisation dedicated to supporting older Victorians and their friends and carers through a range of services. Our services include a network of residential aged care homes, independent living villages, as well as respite and home care services. We also provide In Home Nursing services for people of all ages.

We are proud of the significant impact we make to the community through our commitment to research and advocacy of behalf of older people as well as our One Wish program and Hardship fund. Benetas was founded by the Anglican Diocese of Melbourne in 1948.

Find out more at [www.benetas.com.au](http://www.benetas.com.au)