Support at Home

How To Maximise Your Support at Home Funding

5 Smart Ways to Maximise Your Support at Home Budget

Whether you've been approved for a Level 1 or Level 8 package, here's how to make your funding go further and work better for you.

1 Prioritise What Matters Most

Start by looking at the services that help with your everyday comfort, safety, and wellbeing. That might include:

- **Personal care (e.g. help showering or dressing)**
- **Weekly cleaning or laundry help**
- **Transport to appointments or the shops**
- **Nursing or medication support**

These core services support your independence and keep you living well at home.

2 Use Your Full Budget Every Quarter

Support at Home funding is provided quarterly, and unused funds don't roll over.

Plan ahead with your care partner to make sure your funding is being used to meet your goals.

Tip: Add in seasonal support like garden maintenance or wellness appointments so your funding keeps working year-round.

3 Don't Skip Care Management

10% of your funding is set aside for a Care Management service that helps:

- **Regularly review your plan**
- **Respond to changes in your health or circumstances**
- **Coordinate and adjust your services when needed**

If you don't use care management, that 10% is not reallocated — you simply lose access to it.

Think of care management as your personal care coach. It helps keep your support on track and personalised to you.

4 Optimise Your Plan with No-Fee Clinical Services

Certain services under Support at Home—like physiotherapy, occupational therapy, podiatry, social work, counselling, and dietetics — are often fully funded, meaning they don't require any out-of-pocket co-contribution.

That makes them a smart addition to your plan if:

- **You want to stay mobile, safe and strong**
- **You're looking to improve nutrition, sleep, or wellbeing**
- **You're recovering from a health setback or feeling isolated**

Unlike everyday services like cleaning or transport, these clinical services are high-value with no personal cost — so you get more support without spending more.

Ask your Benetas Care Partner about adding these services to your plan to get the most value from your funding.

5 Consider Topping Up (Even a Little)

If you can afford to spend $20–$50 a week privately, it can open up more consistent or flexible options. For example:

- **Additional hours of personal care**
- **Extra gardening during spring**
- **Occasional massage or podiatry sessions**

Sometimes a small top-up can help you to achieve your personal goals.

Get the Most from Your Support at Home Funding

With Benetas, it's simple, personal and tailored to you

Approved for Support at Home funding?

Let's turn your government funding into the right care, in a way that's uniquely you

Final Tip:

Your care plan isn't set in stone. As your needs change, so can your services. With the right support partner, you can turn your funding into a care plan that truly fits your life, your goals, and your budget.

At Benetas, we'll help you do just that.

Why Choose Benetas?

We've supported older Victorians for over 75 years. As a not-for-profit, our priority is reinvesting in better care.

With Benetas, you get:

- **The right care - wide range of tailored services focused on you**
- **Reliable and consistent team**
- **Support through change - as aged care continues to evolve**
- **Genuine, values-led care - our commitment to your dignity, respect and personal needs.**

We take the pressure off — so you can live well at home, your way.

Free Tools & Resources

Ask us for:

- **Support at Home Budget Calculator**
- **Getting Started Guide**
- **Price Schedule**
- **Checklist: What to Ask Before You Choose a Provider**

Need help with your Support at Home plan?

Call **1300 23 63 82** or
Visit **benetas.com.au/home-care**

6._HC_Maximise Your Package_Last Updated 2025-08