

Support at Home



benetas

Live Better at Home

with Benetas Support at Home



Support at Home | Aged Care | Respite | Health Care | Retirement Living

Your Support, Your Way

The right home care makes you feel safe, confident and provides the perfect level of support so you can stay at home longer and continue doing the things that make you, you.

Benetas Support at Home provides flexible home care options that put you in control so you can stay independent, remain connected to your community and live your best life in your own home as you age.

Our friendly, expert team genuinely listens to you. They spend the time to get to know you, your family and your needs, then tailor services and supports that help relieve the everyday stresses that can increase as we age.

And, as your needs change, we're there to respond quickly, and provide you with additional support and care at every stage.

We've guided thousands of Victorians like you through home care options, and would be delighted to work with you to create a flexible, tailored home care plan that supports your unique goals.

Warm-hearted care since 1948

We've been part of the community for more than 75 years, supporting older Australians and providing them with exceptional care.

Today, we are one of the largest providers of home care, residential care, retirement living and community health services in Victoria. Our services work together, allowing us to provide uplifting, compassionate and holistic support at every stage of the ageing journey.

We're a proudly not-for-profit organisation that puts people first. Our mission, in every instance, is to provide older Australians and their families with outstanding service and genuine, warm-hearted care.

We invest in dedicated research that keeps our services and people at the forefront of care, along with advocacy that champions the rights of older Australians in the broader community.



NOT-FOR-PROFIT
We put people first
and foremost



CARING
We provide home care for
thousands of Victorians



COMMITTED
Your needs are
our priority



TRUSTED
We listen and
act with love



Making life easier at home

We provide a diverse range of home care supports and services – including clinical care, independence support and everyday living – that can be tailored to suit your personal requirements.

Don't see something you need? Please call us to discuss.



Home Care

Home care covers a wide variety of domestic care and household activities.

We can assist you with tasks including:

- Cleaning, vacuuming & dusting
- Preparing and cooking food
- Garden, home maintenance...and more.



Personal Care

Personal care helps you maintain your independence as you age.

We can assist you with personal care including:

- Bathing, showering and toileting
- Dressing, undressing & personal grooming
- Assistance with prescribed exercise...and more.



Respite Care

The well-being of carers is critical to the well-being of the people they support. To give carers the opportunity to take a break and recharge, Benetas offers respite services including:

- **In-Home Respite.** One of our compassionate carers will spend time with your loved one at home or in the community.
- **Day Centre and Overnight Respite.** We have dedicated respite centres available for day, overnight, emergency or extended respite stays.
- **Social Support Groups.** You or your loved one can get 'out and about' in a supported way.



Community Connection

One of the great things about staying at home as you age is the opportunity to remain connected with your community. We can help make staying in touch easier with services including:

- Taking you to visit friends, family and local events
- Connecting you with social groups, classes and courses
- Accompanying you to appointments, shopping...and more.



Nursing Care & Medication Management

If you are ill, recovering from an operation or need nursing support, our experienced, qualified Registered Nurses can provide a wide range of clinical services. Our in-home nursing service can also help you manage your medications to ensure correct dosage and frequency.

Your Team

When you choose Benetas Support at Home, we build a caring team of people around you who put your needs first. Your team is led by an understanding and supportive Care Partner. They'll consult with you to understand your preferences, then plan and coordinate home care services that work for you. Once you select your home care services, we'll build your personal team of carers.

Experienced, qualified and genuinely caring, your team will get to know your needs and preferences. They'll make sure you get the help you need, in the way you want it. At the same time, you'll get to know them, building trust and rapport with the people who are there to support you.

**It's our privilege to
help Victorians live
their best life at
home as they age.**

**Please call one
of our caring
consultants to
discuss your
unique needs.**

**1300 23 63 82
benetas.com.au**