

Macedon Ranges Suicide Prevention Stewardship Group

5.30pm – 7pm Wednesday 27 May 2020

Agenda

Time	Items	Responsible
5:30pm	1. Welcome and apologies	Shelly
	2. Acceptance of previous minutes and actions from last meeting	Shelly
	3. Update on trial site projects <ul style="list-style-type: none">• Capacity building<ul style="list-style-type: none">○ Promotion and distribution of Start online training○ EOI for Collaborative Assessment Management of Suicidality (CAMS) online training○ Engaging with sports clubs• Community support model for mental health – next steps• Promoting healthier masculinities – request for working group members	Deepa/All
	4 Sharing good practice – examples of projects in other trial sites	Deepa
	5. Any other business	All
7.00pm	Meeting close	

Actions from last meeting

Action	Responsible
Ask other trial sites to share innovative projects to inform our future work	Deepa
Engage a facilitator to support sustainability planning discussions	Deepa

Meeting Notes

Macedon Ranges Stewardship Group Meeting

27 May 2020

Minutes: Deepa Patel

Attendees: Shelly Lavery (Chair), Steve Power, Geoff Gunstone, Kyle Hayes, Bernard Gallaby, Julie Cairns, Ken Reither, Louise Flynn, Tim Fraser, Michelle Moryc

Apologies: Lynsey Ward, Tamara Wilson, Louise Beer, Bridie Johnstone, Tara Kankindji, Gabriella Candia, Tim Fraser, Charlie Bracey, Lachlan McKenzie, Narelle Trewin, Simon Mcall,

Item	Discussion
1	Welcome and apologies
2	Acceptance of previous meeting minutes and review of action points <ul style="list-style-type: none">• Minutes accepted (with amendment to add Louise Flynn to list of attendees)• Actions – example of projects from other sites to be covered under agenda item 4 – sharing good practice
3	Update on trial site projects Capacity building <ul style="list-style-type: none">• Promotion and distribution of Start online training:<ul style="list-style-type: none">○ we have 350 licences to distribute (ACTION: PCP develop a social media post for partners to share)• EOI for Collaborative Assessment Management of Suicidality (CAMS) online training<ul style="list-style-type: none">○ CAMS is a 3 hour online training module targeted at mental health professionals who have a therapeutic relationship with an individual (i.e. family counsellors, relationship counsellors, therapists, psychologists)○ We have access to 18 free licences for training.○ ACTION: Deepa promote through Mental Health Professionals Network, private therapy services in the shire and GP practices/community health• Community support model for mental health – next steps<ul style="list-style-type: none">○ Request to Bendigo Bank (through Sudden Death and Recovery Committee) for funding to support engagement with sports clubs in the shire

	<ul style="list-style-type: none"> ○ This project will be an opportunity to trial suicide prevention/mental health activities with two clubs. ○ Clubs will need to agree to support promotion of activities/learnings to all clubs to access funding ○ Clubs will be asked to nominate an existing club member to support coordination of activities within the club <ul style="list-style-type: none"> ● Promoting healthier masculinities – request for working group members <ul style="list-style-type: none"> ○ Request for working group members to support the project was made. The following Stewardship Group members would like to be part of the working group: <ul style="list-style-type: none"> ○ Bernard Gallaby, Kyle Hayes, Charlie Bracey, Shelly Lavery ○ ACTION: Bernard to check if a member from Woodend Hesket football club would like to be part of the working group
<p style="text-align: center;">4</p>	<p>Sharing good practice – examples of projects from other trial sites</p> <ul style="list-style-type: none"> ● See slides from presentation that were shared at the meeting ● Members agreed that it is useful to learn about what other sites are doing to help inform their own activities, and as part of future action planning. ● Noted that PHNs/DHHS do not have formal arrangements in place to support sharing good practice projects across sites – currently no resources available to support this work (community of practice useful, but there is not sufficient time at these meetings to share details of all projects. The onus is on officers to follow up individually) ● ACTION: Deepa to request action plans from other trial sites
<p style="text-align: center;">5</p>	<p>Any other business n/a</p>