

Macedon Ranges Suicide Prevention Stewardship Group

5.30pm – 7pm Wednesday 22 April 2020

Zoom Meeting

Agenda

Time	Items	Responsible
5:30pm	1. Welcome and apologies	Shelly
	2. Acceptance of previous minutes and actions from last meeting	Shelly
	3. Impact of COVID 19 and ideas to support community	All
	4 Trial site sustainability planning	All
6:55pm	5. Any other business	All
7pm	Meeting close	

Actions from last meeting

Action	Responsible
Arrange a follow up conversation with Denise Dugley, Hospital Outreach Post Suicide Engagement (HOPE) Coordinator at Bendigo Hospital to discuss trial site activities (including Larter project) and any opportunities for working together.	Deepa
Seek feedback and formal endorsement of mental health community support model from Reference Group Members	Deepa

Meeting Notes

Macedon Ranges Stewardship Group Meeting

22 April 2020

Minutes: Deepa Patel

Attendees: Shelly Lavery (Chair), Lachlan McKenzie, Steve Power, Geoff Gunstone, Simon Mcall, Jo Grzelinska, Kyle Hayes, Bernard Gallaby, Julie Cairns, Ken Reither, Narelle Trewin, Louise Flynn

Apologies: Lynsey Ward, Tamara Wilson, Louise Beer, Bridie Johnstone, Tara Kankindji, Gabriella Candia, Tim Fraser, Charlie Bracey

Item	Discussion
1	Welcome and apologies
2	Acceptance of previous meeting minutes and review of action points <ul style="list-style-type: none">• Minutes accepted• Reference Group to meet on 4 May to endorse community support model for mental health
3	Impact of COVID 19 and ideas to support community <p>Partners shared the following activities:</p> <ul style="list-style-type: none">• MRSPAG has moved its peer support group on line• MRSPAG has also completed the Start online training and are supportive of it being promoted within Macedon Ranges – will coordinate a press release to support promotion and mental health messages in local papers• Jesuits are promoting a webinar from Dr Rob Gordon which talks to how COVID 19 impacts on grief and trauma• Live for life are developing some on line resources – this includes for years 8,9,10.• MensShed has been circulating newsletters as a way of keeping people connected and also following up with phone calls. Zoom meetings to get together groups to discuss/plan future projects are also underway. Positive approach/messaging is important.• Cobaw is proactively exploring opportunities to provide support online to families/community – including sessions led by a psychologist and working with p.s. my family matters and Neighbourhood house Romsey.• MRSC has a COVID hotline with information on local services and support available, 5422 0237

	<ul style="list-style-type: none"> • MRSC youth services setting up facebook page with interactive online sessions for young people • Central Vic PCP – will release a combined media statement on COIVD • It was noted that Mental health first Aid – is looking to develop an online version of their two day face to face MHFA training
<p style="text-align: center;">4</p>	<p>Sustainability Planning</p> <p>Funding for trial site projects and coordinator will come to an end in June 2022. Partners gave their views around future of the trial site and approach to sustainability planning that we should take to inform arrangements and future work post June 2022. Key points which came up in discussion include:</p> <ul style="list-style-type: none"> • Level of duplication between work of MRSPAG and trial site. Duplication has been confusing and dilutes efforts. Disappointing that initial trial site set up/activities were separate from MRSPAG. • We currently have a number of structures with same representatives – feels messy, need to take a bigger picture view to find a way to make sense of this. • Value in partners having a better understanding of what each other do. • Common principles for how we engage with each other would be useful – no ‘blame’ on services, recognise they work in often challenging circumstances with limited resources. • Need to find a way for work to continue post trial site – issues will still be there in community. • Important to have community and service providers around the table together – MRSPAG had this and achieved a lot with limited resources. • Value in diversity of voices around the table. • Worth exploring other governance models such as ‘Healthy Minds’ set up in the Loddon area for any learnings as part of the sustainability planning work. • Need to determine if scope of work broadens i.e. also focus on promoting mental health as well? • We need to be clear on purpose of the work going forward – agree this first and then build the structures around it. • We need clarity on what it is we want to achieve – power in working collectively to the same purpose. • Are there other voices we need in this work? GPs? • Current structure is useful in allowing us to share information/network – would want to keep this. • Need to amplify and strengthen the existing work that is happening in the local community. • We don’t yet fully know how Royal Commission findings/recommendations might impact on our work.

	<p>The following actions were agreed to inform/take this work forward:</p> <ul style="list-style-type: none">• Engage a facilitator to support us to have these conversations Deepa• Identify innovative projects from other trial sites that we can learn from (this can help inform future activities) Deepa
5	<p>Any other business n/a</p>