

# Benetas St George's

Benetas Residential Care



benetas

Altona Meadows



Living in good company



Benetas St George's is a beautiful modern facility. The gardens offer recreation and reflection with an outdoor barbeque area for families. St George's is renowned for its multicultural care and has been recognised for its achievements in aged care.

## Our rooms

We are proud to offer our residents private, lockable rooms with a built-in wardrobe and television. All single rooms have their own en-suite bathrooms and individual climate control. A bedside locker and chair can be provided if required.

Residents are more than welcome to bring their own furniture, such as a favourite chest of drawers or armchair for reading, excluding a bed which is provided by Benetas. We will inspect furniture to ensure the safety and wellbeing of residents. Phones can be connected at each resident's expense, and a shared internet hub is available in the common areas of the facility. Full laundry services are also available.

## Our staff

Our highly skilled staff are focussed on our residents and driven by our values of respect, responsibility, community and spirit. All Benetas St George's staff are carefully selected for their qualifications, experience and commitment to supporting older people to live happy, healthy lives. Our residents, staff and families are supported by our experienced Clinical Support team who have expertise in aged care and dementia and aim to provide the highest standard of care. We have a strong and dedicated team of Registered Nurses (RN) and Endorsed Enrolled Nurses (EEN) who are on site 24 hours.

The relationship between our residents and staff is important to us and the bonds that form are strong and trusting, this is reflected through the care given by our staff.

## Our living areas and gardens

Benetas St George's has multiple lounge and dining areas across both the main building and Peter Volk building which ensure our residents can develop friendships and have a place to gather with family. Our landscaped gardens, courtyards and outdoor barbeque area offer our residents a wonderful place for recreation and quiet reflection. There are also raised gardens for residents' gardening pleasure.

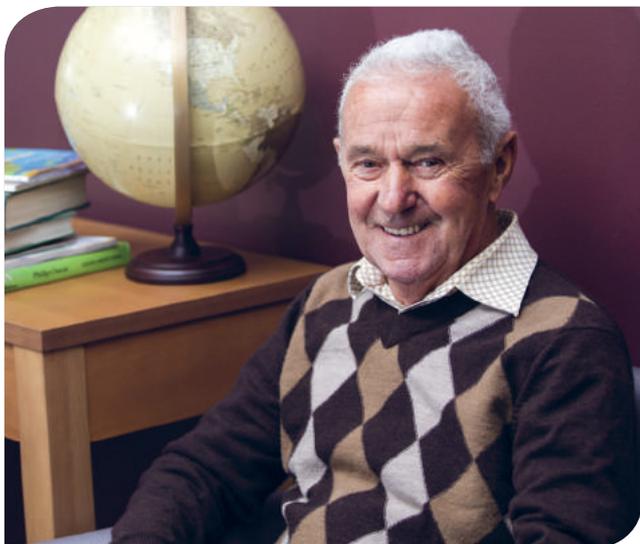
## Enjoying yourself

Our residents have the choice to participate in a variety of social and leisure activities that suit their interests and abilities. We organise regular excursions on the Benetas St George's bus to a variety of locations. We also have musicians, a movie theatre, exercise classes and regular 'happy hour' social evenings, which visitors are more than welcome to enjoy as well. Throughout the year we recognise and celebrate cultural and special events.

## Eating well

We know that food is very important to our residents and their families. Our qualified cooks develop and prepare fresh food daily that is varied and appetising. We work closely with nutritionists and dieticians to ensure all meals prepared fulfil nutrition requirements.

We cater to various dietary needs and can accommodate private dining requests should residents wish to dine alone with their visitors. Our cook meets with residents regularly at the residents meeting or one to one as requested by residents or staff.



## Benetas St Georges

### Overview

- ✓ 124 ageing in place beds
- ✓ Respite places available
- ✓ 24 /7 nursing support
- ✓ Palliative care
- ✓ Dementia friendly

### Services

- ✓ Beauty salon
- ✓ Multipurpose room acts as: movie theatre, chapel, private dining
- ✓ Library
- ✓ Activities and outings
- ✓ Outdoor barbeque

## Pastoral care

We encourage our staff and volunteers to bring a pastoral sensibility to their roles, to listen to and be truly present to our residents. Our specialist team of non-denominational Pastoral Care Practitioners provide individualised and ongoing spiritual and emotional support. In addition, through our Lifestyle Program, denominational visitors and volunteer companions foster an ongoing connection with our residents' chosen faith tradition and provide church and chaplaincy services.

## Respite services

As one of Victoria's largest providers of day and overnight respite services, Benetas supports carers and families when they need to take a break from their caring responsibilities. We offer respite care at home, at our specialist respite centres and our residential facilities.

## Costs and fees

Benetas is committed to providing value and quality aged care services to our clients. While we are funded by the government to provide our residential services, our residents also need to make a contribution to the costs of their care. These fees are determined by the government and calculated based on income, expenses and assets. Our qualified Customer Centre staff will discuss your particular circumstances to determine the fees and costs you will need to pay. Our role is to make sure that you and your family are well informed. As we are a not-for-profit organisation, all revenue we generate is redirected into our services to improve the lives of our residents.

## Visitors

We encourage visitors to visit residents and join in on the activities. Most families and friends pop in between 10am and 7pm.

## Customer service and expert advice

We know that choosing the right aged care home can be challenging. Our qualified and professional staff are experts in aged care, so we can guide and support you through the assessment process and all the necessary paperwork and documentation, even if you decide not to access our services. All you need to do is contact our Customer Centre on **1300 23 63 82** and our friendly and professional staff will assist you.

### About Benetas

Benetas was established in 1948 when a small group of volunteers from the Anglican Diocese of Melbourne responded to the urgent need to provide care and support to older Victorians. More than 65 years later we now operate as a not-for-profit organisation, providing care to more than 4,000 clients and their families.

Benetas has over 1,500 staff and 400 dedicated volunteers, who provide a full range of services including residential aged care, housing and home support, including nursing services for people of all ages.

As we are a not-for-profit organisation, all revenue we generate is redirected into our services to improve the lives of our clients. Benetas is dedicated to advocating on behalf of older Victorians, through our research and advocacy agenda.

### Benetas St George's

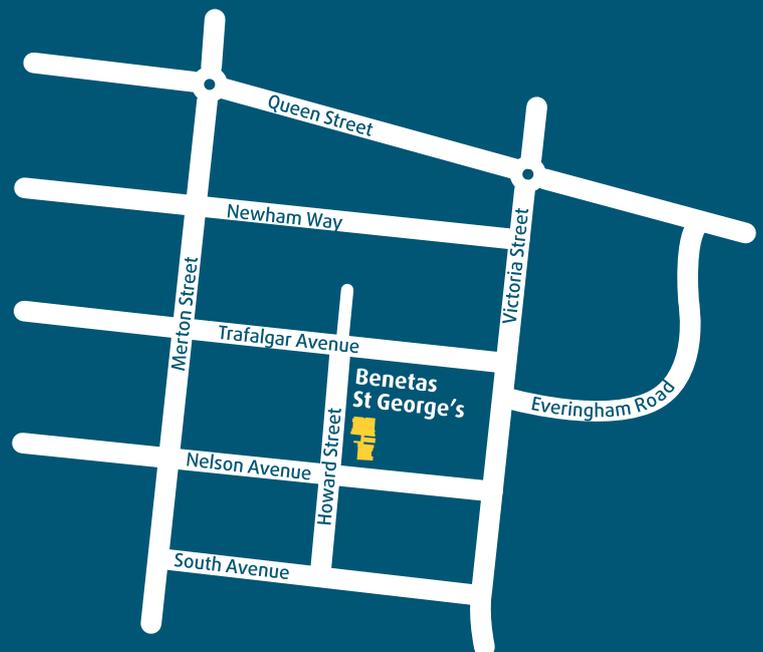
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Altona Meadows VIC 3028

✉ [stgeorges@benetas.com.au](mailto:stgeorges@benetas.com.au)

### Benetas Customer Centre

☎ 1300 23 63 82

✉ [customercentre@benetas.com.au](mailto:customercentre@benetas.com.au)



Founded by the Anglican Diocese of Melbourne in 1948

To view a photo gallery of Benetas St George's or to learn more about the staff who may support you, visit [www.benetas.com.au](http://www.benetas.com.au)